**A la recherche d’un confinement épanoui et épanouissant**

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|  | **Vie spirituelle** | **Vie intellectuelle** | **Bien-être physique** | **Lien à l’autre** | **Travail ordinaire** | **Tâche d’intérieur** | **Émerveillement** | **Divertissement** |
| Mar. 17.III |  |  |  |  |  |  |  |  |
| Merc. 18.III |  |  |  |  |  |  |  |  |
| Jeu. 19.III |  |  |  |  |  |  |  |  |
| Ven. 20.III |  |  |  |  |  |  |  |  |
| Sam 21.III |  |  |  |  |  |  |  |  |
| Dim. 22.III |  |  |  |  |  |  |  |  |
| Lun. 23.III |  |  |  |  |  |  |  |  |
| Mar. 24.III |  |  |  |  |  |  |  |  |
| Mer. 25.III |  |  |  |  |  |  |  |  |
| Jeu 26.III |  |  |  |  |  |  |  |  |
| Ven. 27 |  |  |  |  |  |  |  |  |
| Sam. 28 |  |  |  |  |  |  |  |  |
| Dim. 29 |  |  |  |  |  |  |  |  |
| Lun. 30 |  |  |  |  |  |  |  |  |
| Mar. 31 |  |  |  |  |  |  |  |  |
| Mer. 1er |  |  |  |  |  |  |  |  |
| Jeu 2 |  |  |  |  |  |  |  |  |